

SENIOR CENTER FOOD PANTRY NEEDS

1. Canned Meat
 - a. Tuna fish (in water)
 - b. Chicken Breast
 - c. Spam

2. Pasta
 - a. Spaghetti
 - b. Ziti

3. Spaghetti Sauce

4. Peanut Butter

5. Canned Soups (low sodium)

6. Canned Stews or Chili

7. Canned vegetables

8. Applesauce

9. Pancake mixes

10. Maple Syrup

11. Oatmeal

12. Cream of Wheat

13. Cake Mixes and Canned Frosting

14. Canola or Other Neutral Oil for baking/cooking

15. Various spices
 - a. Salt
 - b. Pepper
 - c. Paprika
 - d. Cinnamon
 - e. Garlic Powder
 - f. Onion Powder

16. Condiments (ketchup, mustard, siracha)

17. Flour

18. Granulated Sugar

19. Baking Powder

20. Baking Soda

21. Boxed potatoes/ Potato flakes

22. Boxed cereal

23. Rice